

JIT NEWSLETTER EXPLORE

Issue 15 | Jan 2023



EDITORIAL BOARD

Chief Editor

Dr. Syed Kazim Mehdi

Editor

Dr. Md. Kaleem

Members

Dr. A. K Mishra (Principal, JIT)

Dr. A.A.S. Ghazi (Principal Engg, JIT)

Dr. Shahid Jamil (Principal Pharmacy, JIT)

IMPORTANT DAYS

12th Jan

National Youth Day

15th Jan

Makar Sankranti

24th Jan

International Day of Education

26th Jan

Republic Day/Basant Panchami

OUR MISSION

To provide quality and affordable education to the less privileged sections of Indian society by leveraging all tools of modern education and to bring up such element sections to be able to find a place of dignity and distinction both within and outside the country.

 DR. SYED KAZIM MEHDI
CHIEF EDITOR

'Arise, Wake, And Stop Not Till The Goal Is Reached' - Swami Vivekananda

Dear students/Readers,

This year National Youth Day or Rashtriya Yuva Divas falls on January 12, 2023, to mark the birth anniversary of Swami Vivekananda, one of the brightest sons of India, a philosopher and a spiritual leader. As a scholar, he studied the ancient Indian texts, especially the Upanishads-or the Vedanta, the extension or the commentaries and explanations on the Vedas, one of early texts written in our country. Vivekananda is known for making the religion and philosophy of Hinduism familiar to the Western world. Apart from this, what is more important is his idea of religion and religious harmony among all religions of the world. Addressing the Supreme Being, the Almighty he says: "As so many rivers, having their source in different mountains, roll down, crooked or straight, and at last come into the ocean --- so, all these various creeds and religions, taking their start from different stand points and running through crooked or straight courses, at last come unto Thee." For such a visionary, the idea of Hinduism and Islam living together in this country could not be out of mind. He once said, "For our own motherland, a junction of two great systems Hinduism and Islam—Vedanta brain and Islam body—is the only hope. I see in my mind's eye, future-perfect India rising out of this chaos and strife, glorious and invincible with Vedanta brain and Islam body."

It is interesting to see what Swami Vivekananda thought about the youth of this country. He shares his idea of the future of our nation, "My hope of the future lies in the youths of character, intelligent, renouncing all for the service of others, and obedient - good to themselves and the country at large." How relevant these words are for the youth, especially for students!

Last, but not the least, the most important message of this revolutionary man to all young men and women of this country, and also the most inspiring, is, "Arise, wake, and stop not till the goal is reached!"

Best of luck for a bright future ahead!

FROM THE DEPARTMENTS

 **DR. AHMED ABDULLAH KHAN**
PRINCIPAL (ACTING), COLLEGE OF PHARMACY

Perseverance Is The Key

Perseverance is a trait that is essential to achieve success in any field. It is a consistent, unwavering commitment to achieving a goal, no matter the difficulty, or how long it takes. It simply means to work hard, and be resolved in face of all difficulties. The ability to persevere is the key to success in life, as it is often obstacles and challenges that shape our lives and make us stronger. It is important to realize that success does not come easy. It requires hard work, dedication, and perseverance in order to reach the desired outcome. To persevere is to continuously strive towards a goal despite any difficulties that may arise. There will be times when it feels like giving up is the easier option, however it is during these moments that it is most important to focus on the end goal and keep pushing forward. Perseverance is an important life skill, as it teaches us the value of hard work and dedication. It is a quality that can be developed and nurtured over time, and is essential to reach any level of success. Perseverance teaches us to be resilient, as we must learn to accept and move past failure in order to keep going.

 **MS. PRATIBHA GAUTAM**
ASSITANT PROFESSOR, FOP

Importance of Discipline

Discipline is an essential part of life. It is something that we all have to have in order to succeed. Discipline is the act of following a set of rules and regulations. It is the practice of training oneself to do something in a particular way and to act according to certain established principles. Discipline helps us to stay focused, motivated, and organized. It also serves as a foundation for setting and achieving goals. Discipline is important in all aspects of life. It can be used in our day-to-day activities, such as waking up on time, eating healthy, and staying active. At school, discipline helps children to stay on task and complete their assignments. It also helps them to learn how to control their emotions and behavior. In the workplace, discipline helps employees to stay productive and adhere to the company's policies. Discipline also helps us to develop self-control. It allows us to practice self-discipline and stay motivated. When we are disciplined, we are better able to resist temptations and distractions. Furthermore, discipline helps us to stay focused and achieve our goals. It enables us to be more productive and efficient. Discipline is also important for our physical and mental health. It can help us to stay physically fit by eating healthy and exercising regularly. It can also help us to manage our stress levels by teaching us how to manage our time and prioritize our tasks. Lastly, discipline can help us to develop our mental strength by teaching us how to make decisions and think critically. In conclusion, discipline is an important part of life. It helps us to stay focused, motivated, and organized. It can help us to develop self-control and achieve our goals. Moreover, it can help us to stay physically and mentally healthy. Therefore, it is essential that we practice discipline in all aspects of our lives.

 **MR. RAHUL KUMAR**
ASSISTANT PROFESSOR, FOCS

Leadership And Followership

Leadership and followership play a big fundamental factor in the College structure today. They both coincide with one another in the process of leadership development. It is almost impossible to have one without the other. They both consist of many of the same traits, but some key similarities are trust, respect, and adaptability. Even though they both are compelled of a lot of the same traits does not mean that they do not have any differences. Simply the titles alone set them apart. Leadership is still a leader and followership still follow. It could be argued that leadership and followership are technically the same thing. Both consist of a lot of the same traits that together help stabilize leadership development. When involving both concepts, a few key similar traits are trust and respect. If a leader and follower do not have trust and respect toward one another, then together they cannot be effective. Adaptability is another key trait between the two. Whether it is the leader analyzing information, and the follower receiving it, both must have the ability to adapt to the situation. Although these concepts are remarkably similar in many ways, they still stand apart in their respective categories. A followership's key traits are linked to flexibility, being observant, and team oriented. With ever changing scenarios, a follower always remains flexible. With always being instructed on what to do, a follower is always being observant in order to understand the task at hand. Strong followers are strong team players who value collaboration, cooperation and interdependence. With always be implemented into a group, a follower is always working towards being team oriented in any given task. These are just the foundation blocks that evolves followership into a leader. A leader's traits would demonstrate more initiative, ingenuity, and displaying humility. A leader will always be they first one to step up to make sure a task or goal is accomplished. They are constantly thinking of new innovated ways to get a task done, and to keep an objective pushing through. A leader always has that understanding of who they are, and never look down on others around them. Great leaders admit when they are wrong and take criticism as an opportunity for growth. Leadership consist of slightly different traits but would not be a fundamental stage without followership. In conclusion, being a good follower is a fundamental step into becoming a great Leader. Although you can say there is a difference between a leader and follower, they are fundamentally linked. A leader cannot lead before learning how to follow first.

 **MOHD VASEEM**
ASSITANT PROFESSOR, FOP

Leave Behind The Toxic Work Environment

The workplace is often a place where we spend a great deal of our waking hours, but it can also be a place of great stress and toxicity. A toxic work environment can take many forms, from bullying, harassment, discrimination and even a lack of communication or respect. It can be a breeding ground for resentment, frustration, and a lack of productivity. But the good news is, it doesn't have to be this way. There are things we can do to create a culture of respect and appreciation, and ultimately create a healthier, more productive work environment. The first step to leaving behind a toxic work environment is to recognize and address any issues that may be contributing to the negativity. This includes anything from poor communication to a lack of recognition or respect. If people feel like they aren't being heard or taken seriously, it can lead to a lack of motivation, which can then lead to a toxic environment. Encouraging open communication and feedback is key to overcoming this issue. Another way to create a healthier work environment is to foster a sense of team spirit. When people feel like they're part of a cohesive unit, they're more likely to take pride in their work and collaborate with each other

STUDENT'S CORNER

 **FATIMA HASHMI**
B.A.I

THE HAND THAT ROCKS THE CRADLE , IS THE HAND THAT RULES

"The hand that rocks the cradle is the hand that rules the world" with the coherent words of Dr. APJ Abdul Kalam. It signifies that women that are considered only limited to household can rule the world. It became an everyday issue of society that girl education is now a compulsory aspect of healthy governance. Historically, they were subjected to malpractices because they lack confidence to compete with males. Many historians



and social workers have put immense focus towards these issues. Social reformers like Raja Ram Mohan Roy worked for women education. But still in today's scenario what happens is that we educate our daughters but in bars and restrictions, which give them a feeling of oppression among male members. Because of this many girls study but in a restricted environment. Now here some questions arise: Why can't girls study with freedom? Why do they have to fear? Why can't they be futuristic?

These questions are for those partial society norms which give more powers to male members not only in education sector but other spheres like administration, finance, management, even in households too. Our parents fear that if our child (girl) will go somewhere far or at late evening for education/ job so they will be unsafe. Because of this fear we suffer lack of quality education which had wasted many talented faces, better skilled. This problem is not of our parents but of our society, administration who have to be more supportive. Don't consider girls as wax which melts, but we are like the light of society which remains forever clean like a mirror glass. Women are the creator of the universe, so they should be respected. Educate our girl child the way they want to, without forcing choices on them. So, everyone should try to make our surroundings safe and secure for women. "Education is the only key to empower girls."

 **ALISHA RIZWI**
B.COM II

SHOULD WE?

What is all that we hear every day?

Respect your elders, respect their ways.

Now , who shall question what they say?

They can use their intellect but nay.

Parents are the one who we should obey,

For them and only them do we feel and pray .

How are things at the end of the day ?

For one , not all remains okay .

How a lot is twisted and turned by them'.

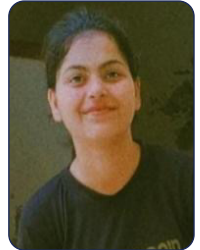
What else shall be expected with them at the helm ?

It is completely fine for them to make mistakes,

But in the end , after all there should be some change .

One who follows the elder blindly, just like the flock of sheep,

Don't worry at all, you are in good hands, but later you shall weep



 **ANZAR JAMAL**
B.TECH II

CLIMATE CHANGE

We all hear the word climate change in the news on a regular basis, But what climate change actually is?

Climate change means the long-term shift in temperature and weather patterns of the earth. These changes can also be natural, but for more than two centuries human activities have been the major cause of these shifts in the pattern of weather and temperature. Climate change is harmful to all of us, from humans



to animals. Some major effects of climate change are - more frequent and intense drought, Storms, heat waves, rising sea levels, melting of glaciers, and warming ocean, which is directly harmful to animals, destroy the places they live. We can take some steps to stop climate change like making restrictions on carbon emissions, use of EV-Vehicle instead of Petrol and Diesel, more recycling, less use of plastics, planting more trees, etc.

 **MOHAMMAD AHMAD KHAN**
B.TECH I



STUDENT'S CORNER

 **HAFSA SAAD**
B.COM I

CROSSING THE BAR (A poem by Alfred, Lord Tennyson)

Sunset and evening star,
And one clear call for me!
And may there be no moaning of the bar,
When I put on to sea,
But such a tide as moving seems asleep,
Too full for sound and foam,
When that which drew from out the boundless deep
Turns again home.
Twilight and evening bell,
And after that the dark!
And may there be no sadness of farewell,
When I embark;
For tho' the from out our borne of Time and Place
The flood may bear me far,
I hope to see my pilot face to face
When I have crost the bar.



An unspecified ship is about to sail on a long voyage at sunset. After "one clear call", the ship will sail out of the harbour, across the sand bar of the harbors entrance, and into the sea. The speaker wants to say that the tide is moving slowly that it seems as they were in a sleeping mode. The sounds of the evening bell signal to the end of the day. Sensing his end the speaker hopes for the cheerful ending. The poet wants to see the "pilot face to face." Here pilot refers to the Almighty God whom he wishes to see when he has crossed the bar of his life.

 **ANJALI YADAV**
DCSE III

HOW TO MAKE WOMEN FEEL SAFE

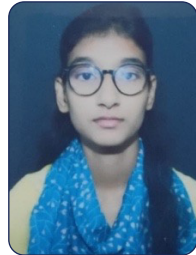
Women are facing many problems in the society .Cases of domestic violence ,rape , molestation etc.are not limited to the metros only but are also in the villages. Women are unsafe everywhere.Even in public place there is a lack of women safety .Government or police alone can not solve this problem.This is the problem of the nation and every citizen should solve it. There is an urgent need to change the mindset and attitude of society towards women. Women ask for no mercy. They want justice and equality .We can not have different values and standards for our sister ,mothers and members of our families and different values for other women . Every women is someone's sister or mother. Her person and character need to be protected and respected. She is an equal partner of man in all walks of life and therefore should be treated accordingly . Let us not forget the old saying that a gentleman is identified by his attitude towards women.



 **ERA NAHID**
B.TECH III

CHILD LABOUR

The children should not have to work. India is suffering from the crucial task of child labour which is prevalent in all over the country. Thousands of children are working in big factories and other hazardous industries in all over India. Child labour is implied to be an economic necessity of poor households, and results in explosive aspects in children's work. Children are made to work for long hours and they are paid low, being deprived of education opportunities.



International Labour Organization (ILO) defines child labour as something to "include children leading permanently adult lives, working long hours for low wages under conditions damaging to their health, physical and mental development."

Poverty is one of the major factors for this problem. The people who need labour at low payment, they try to get child labour. In India children also provide cheap labour. The main reason of failure to control this problem is illiteracy, unemployment, low wages, then poverty, and so on. India accounts for the second highest number where the child labour in the world is concerned, and Africa is on the top in the world.

To educate each and every child can be a solution for solving this child labour problem. By this, children will be busy in their studies so they will have no time to work. Children are growing up illiterate because they need to work to fulfil their needs. No matter people of our country try, child labour is a problem which will exist until the necessary reforms are made and implemented.

 **KUNWAR RAJ**
D.PHARM I



EVENTS



STUDENTS AT JAHANGIRABAD FM RADIO

A practice session for student was organized by the Jahangirabad FM Radio, in the last week of December, in which the students of different colleges of JETGI took part. The students were given a choice on a variety of subjects, and were told techniques to express their thoughts and opinions on radio. The FM Radio is a popular platform for the students of the institute to come out and express themselves, and remove their hesitation and fear.

SPORTS TIME AT JIT

